



Singer / Entertainer

📍 Orlando FL / Los Angeles CA

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SUMMARY

Dynamic performer with extensive experience as a Lead Vocalist showcased at The Lighthouse Cafe and beyond. Adept at captivating audiences, from packed Los Angeles venues, to festivals, to Fox Reality Channel, leveraging vocal talents and entertainment skills to elevate every project. Renowned for transforming creative visions into breathtaking realities.

SPECIAL SKILLS

- Music Videos
- Songwriting Collaboration
- Music Production
- Vocal Range A2# - A5
- Studio Recording Experience
- Superb Stage Presence
- Performance Versatility
- Contortion
- Acrobatics
- Media Speaking
- Social Media Marketing

Sarah Bennett

WORK EXPERIENCE

Mar 2024 - Current

Singer South Bay Jam at The Lighthouse Cafe | Hermosa Beach, CA

- Lead vocalist for South Bay Jam, playing live shows at the infamous, The Lighthouse Cafe
- Featured performer for special events including New Years Party, Super Sounds of the 70's, Movie Songs

Oct 2021 - Current

Singer / Music Producer SARAH BEN3T | Los Angeles, CA

- Collaborated with *Kaskade* and Soundful to create a progressive house mixed masterpiece, Untangled
- Cross-promote with talented producers and composers to build international fan base
- Record, edit, and mix original material using digital editing software such as Pro Tools and Logic Pro X

Sep 2023

Singer We Are The Medicine Prayers for Lahaina | Topanga, CA

- Collaborative event with Sacred Sons, Marc Erickson, Kale Kaalekahi, chayuu, and Share The Light
- Featured performance of original song, We Are The Light

Mar 2023 – May 2023

Hula Hoop Entertainer Unbiased & On the Fence | Palos Verdes, CA

- Assist director and choreographer, Taryn Wayne, in scouting and setting up shots, finding beautiful landscapes for the video
- Meet with music producer, Shane Robinson to review concepts and director's vision

Jul 2023 - Sep 2023

Singer TRiP Santa Monica | Santa Monica, CA

- Perform original music in live shows with intricate choreographed dance movements
- Expressed musical themes through tempo, phrasing and dynamics

Dec 2018

Studio Singer Josh Rapp Music

- Recorded backup vocals and harmonies for song release, Only A Mother, with ease and professionalism
- Contributed ideas for vocal harmonies and held space for creativity to flow with efficiency

Sep 2017 - Aug 2017

Singer Beverly Hills Farmers Market | Beverly Hills, CA

- Played a variety of music with broad stylistic range and improvisational ability
- Apply knowledge of harmony, melody, and voice production to increase interest and audience engagement

EDUCATION & TRAINING

6 Years: Alexander Technique, Opera, French Chanson, Vocal Range

18 Years: Ballet, Contemporary, Modern, Contortion, Acrobatics, HipHop, Tap, Pointe

- 4 years of intense voice training with vocal coach, Tali Morrison. Trained voice in Italian opera, French chanson, Classical, and Jazz LA, CA
- John Sudol Acting Studio, LA, CA
- Peter Skylar Beginnings Workshop, Albany, NY
- Edge Performing Arts Center, Jamie Nichols, Kitty McNamee LA, CA
- Koresh Dance Studio, Pennsylvania Ballet's Natalia Charova, Alexei Charov, Philadelphia, PA
- Broadway Dance Center & Steps On Broadway, NYC, NY
- Performed, Toured, and took class - Danny Hocter's Dance Caravan Tour, Barry YoungBlood, ABT's Mary Beth Hanson, NYC Rockette's Andrea Hammond, USA

ACHIEVEMENTS

- RAW natural born artists selected winner for dance performance. Invited to perform at RAWards event at The Belasco, LA, CA
- SARAH BEN3T featured article on BetterAuds with backlinks from Wikipedia, HuffPost, BBC News, USA Today, and The Guardian

REFERENCES

- Available upon request

Jul 2015 - Aug 2016

Singer /Solo Act Tokyo Delve's Sushi Bar | North Hollywood, CA

- Featured Britney Spears & Meghan Trainor Solo Act
- Developed unique act based on clientele and current pop culture trends

DANCE / CONTORTION / HULA HOOP ENTERTAINMENT

Mar 2014 – May 2022

Contortionist / Hula Hoop Entertainer / Dancer for LA's renowned mural artist Robert Vargas's Red Zebra | Los Angeles, CA

Jan 2013 - Mar 2016

Assistant Director / Company Dancer M-Theory Dance Company | Los Angeles, CA Notable performances: *Tosh.O*, *RAW: Key Club*, *El Rey Theatre*, *OHM Nightclub*, *The Belasco*, and the exceptional festival, *Symbiosis Gathering*

Mar 2009 – Aug 2009

Backup Dancer Kaya Jones of The Pussycat Dolls | Irvine, CA

Aug 2008 - Mar 2009

Ensemble Dancer Keshet Chaim Dance Ensemble | Los Angeles, CA

Jun 2007 - May 2008

Ensemble Dancer Koresh Dance Company Fundraiser Performance

TELEVISION

Mar 2014 - Jun 2014

Actor Sizzle Reel for Threesome Marriage Reality Show with Mamasauce Productions

Mar 2010

Dancer / Actor Your Chance To Dance, Episode 7, Country Music Television

Jun 2009

Actor Battle of the Bods, Season 3: Episode 7, Fox Reality Channel

Sep 2008

Actor / Dancer Descontrol, Telemundo

Sep 2007

Contortionist Dr. Kleynerman Commercial produced by Alizier Intermedia

FILM

Jan 2009

Actor Sex Pot, Produced by The Asylum, Role of Amanda

MEDIA

Jun 2021

Host / LA's Times piece with Sherry Cola "What is karaoke like now?"